

2024-2025

Level 1 Pacing Guide

PSL Book 1A and Gurmat Book 1G

Gurbani- Panj Paudiaan; Japji Sahib

Note to the Students:

- This Pacing Guide gives you the learning schedule for every week. We have to learn many topics this year.
- We have divided the topics into 30 week lessons.
- It is important that you attend school every Sunday, but if you are absent from school, make sure you do your work for that week.
- Your class will not stop working when you are not there.
- It is your responsibility to make up the work you miss when you are not in school.
- You can watch videos of the lessons and do the work yourself. Ask your parents for help. You can also call your friends or teachers for help.

Materials Needed - Level 1

Your child will not be allowed to attend the class if they do not come with all the material listed below. If they are missing a book, please reach out to the teachers in person on Sunday and bring \$5 for each replacement.



Homework

Use PSL Book 1 HW

1. Do homework assignments each day.
2. Learn Bhullavain Akhar (Penti Akhar) and Spelling words each week. You will have a test on Sundays.
3. Do Paath of the Japji Sahib lines you have learned everyday.

The 7 Minute Magic:

- Set a timer for 7 minutes.
- What can you do in 7 minutes?
- Try these activities:
 - Read Punjabi for 1 minute.
 - Read any page from PSL Book 1A and 1HW.
 - How many words did you read?
 - Keep a daily log.
 - Copy five words from your book in your notebook.
 - Memorize one new line of Japuji Sahib

Guru Maneyo Granth Khalsa School Mission

Why should you come to Guru Maneyo Granth School and learn Punjabi, Sikhi and Gurbani?

Guru Maneyo Granth Khalsa School has a mission statement that reflects the need and the goals it desires to accomplish. This statement is the end goal of the school. It is used to convey to the parents what your children will be learning in the school, and to set up the curriculum.

Mission Statement

**The mission of our Guru Maneyo Granth Khalsa School is
“to promote excellence in the community through Sikh values and
teachings; emphasizing spirituality, truthfulness, hard work, charity
and wisdom as the keys to a fulfilling life.”**

When the students graduate from this school, you will be able to:

1. Demonstrate the knowledge of **Sikh way of life**
2. **Read** Punjabi and Gurbani fluently
3. **Write** Punjabi with ease
4. **Speak** basic Punjabi in everyday conversations

Level 1 Curriculum:

Mastery of the Alphabet

Duration: ONE YEAR

Students in Level 1 will learn

- ☐ The Gurmukhi alphabet - Bhullavain Akhar (35 Letters)
- ☐ Read and write Mukta words
- ☐ Names of the colors in Punjabi
- ☐ Names of the animals in Punjabi
- ☐ Names of the birds in Punjabi
- ☐ Counting up to ten in Punjabi
- ☐ Read at least 10 Mukta words per minute
- ☐ Say the Sikh greetings of Sat Sri Akal and Fateh
- ☐ Memorize Panj Paudiaan - Japuji Sahib
- ☐ Write their name in Punjabi

Materials:

1. Stepping Stones Book - 1A Penty Akhri - 2023 Edition
2. Stepping Stones Book 1HW - 2023 Edition
3. Gurmat Sikhia Book 1G - Foundations of Sikhi
4. Letter Tracing Packet
5. Miscellaneous worksheets, etc based on special events

Today is Teaching Week 1. Let's write the date on your Pacing Guide.

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	HOMEWORK Gurmat Sikhia Book 1G
Week 1 Date:	1. Do Pages 4-5-6 ਓ	Pages 2-3-4	INTRO	Mool Mantar Page 41- Say it 5 times
Week 2 Date:	1. Do Pages 7-8 ਅ 2. Pages 9-10-11 ਏ	Pages 5-6-7 Pages 8-9-10	Lesson 1	MEMORIZE Mool Mantar - Page 42 Page 43- Line 1-2
Week 3 Date:	1. Bhulaavain Akhar test 2. Do Pages 12-13 ਸ	Pages 11-12-13	Lesson 2	MEMORIZE Page 43- Line 3-4
Week 4 Date:	1. Bhulaavain Akhar test 2. Pages 14-15-16 ਹ	Pages 14-15-16	Lesson 3	MEMORIZE Page 43- Line 5-6
Week 5 Date:	1. Bhulaavain Akhar test 2. Pages 17-18 ਕ	Pages 17-18-19	Lesson 3	MEMORIZE Page 44- Line 7-8
Week 6 Date:	1. Bhulaavain Akhar test 2. Pages 19-20-21 ਖ	Pages 20-21-22	Lesson 4	MEMORIZE Page 44- Line 9-10
Week 7 Date:	1. Bhulaavain Akhar test 2. Pages 22- 23-24 ਗ	Pages 23-24-25	Bandhi Chhod Divas Activities	MEMORIZE Page 45- Line 11- 12

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	HOMEWORK Gurmat Sikhia Book 1G
Week 8 Date:	1. Bhulaavain Akhar test 2. Pages 25- 26-27 ਘ-ਙ	1. Pages 26-27-28 2. Study Spelling words for a test on Sunday. ਅਖ, ਅਗ, ਹਸ, ਹਕ, ਹਗ	Lesson 5	MEMORIZE Page 45 Line 13-14
Week 9 Date:	1. Spelling test. 2. Pages 28-29-30 ਚ	1. Pages 29-30-31 2. Study Spelling words for a test on Sunday. ਸਚ, ਕਚ, ਹਚ	Lesson 6	MEMORIZE Page 45 Line 15-16
Week 10 Date:	1. Spelling test 2. Pages 31-32-33 ਛ	1. Pages 32-33-34 2. Study Spelling words for a test on Sunday. ਕਛ, ਛਕ, ਹਕ, ਅਕ	Lesson 7	MEMORIZE Page 45 Line 17-18
Week 11 Date:	First Midterm Pages 34-35-36 ਜ	1. Pages 35-36-37 2. Study spelling Words for the test next Sunday. ਅਜ, ਛਕ, ਕਜ, ਜਸ, ਕਸ	No time	MEMORIZE Page 45 Line 19-20
Week 12 Date:	1. Spelling test 2. Pages 37-38- 39 ਝ-ਞ	1. Pages 38-39 2. Study spelling words for a test on Sunday. ਝਗ, ਜਗ, ਗਚਕ, ਗਜ	Page 11 Lesson 8	MEMORIZE Page 45 Line 21-22

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	HOMEWORK Gurmat Sikhia Book 1G
Week 13 Date: 12/01/24	1. Spelling test with words 2. Pages 40-41-42 ਟ	1. Do Pages 40-41-42 2. Study Bhallavain Akhar for the test on Sunday. ਉ ਅ ਏ ਹ ਸ ਖ ਗ ਕ ਘ ਛ ਚ ਝ ਜ ਟ	Page 12 Lesson 9	MEMORIZE Page 45 Line 23-24
Week 14 Date: 12/08/24	1. Bhulaavain Akhar test 2. Pages 43-44-44 ਠ	1. Do Pages 43-44-45 2. Study Bhallavain Akhar for the test on Sunday. ਉ ਅ ਹ ਸ ਖ ਗ ਕ ਘ ਛ ਚ ਜ ਟ ਠ	Page 13 Lesson 10	MEMORIZE Page 45 Line 25-26
Week 15 Date: 12/15/24	1. Bhulaavain Akhar test 2. Spelling test 3. Pages 46-47-48 ਡ	1. Do Pages 46-47-48 2. Study Bhallavain Akhar for the test on Sunday. ਉ ਅ ਏ ਹ ਸ ਖ ਗ ਕ ਘ ਙ ਛ ਚ ਝ ਜ ਵ ਟ ਠ ਡ 3. Study Spelling words ਕਟ, ਸਟ, ਹਟ, ਜਟ, ਛਡ ਹਡ	Page 14 Lesson 11	MEMORIZE Page 46 Line 27-28
Week 16 Date: 01/05/25	1. Bhulaavain Akhar test 2. Pages 49-50-51 ਢ-ਣ	1. Do Pages 49-50-51-52 2. Study Bhallavain Akhar for the test on Sunday. ਉ ਅ ਹ ਸ ਖ ਗ ਕ ਘ ਙ ਛ ਚ ਝ ਜ ਵ ਟ ਠ ਡ ਢ ਣ 3. Spelling words for the test on Sunday. ਕਣਕ, ਢਕਣ, ਛਣਕ	Page 15-16 Lesson 12	MEMORIZE Page 46 Line 29-30

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	HOMEWORK Gurmat Sikhia Book 1G
Week 17 Date: 01/12/25	1. Bhulaavain Akhar test 2. Spelling test 3. Pages 52-53-54 ਤ	1. Do Pages 53-54-55 2. Study Bhallavain Akhar for the test on Sunday. ਓਅਹਸਖਗਕਘਙਛਚਝ ਜਢਟਣਠਤਡ 3. Study Spelling words ਤਖਤ, ਛਤ, ਸਤ, ਅਠ, ਸਖਤ	Page 17 Lesson 13	MEMORIZE Page 46 Line 31-32
Week 18 Date: 01/26/25	1. Bhulaavain Akhar test 2. Spelling test 3. Pages 55-56-57 ਥ	1. Do Pages 56-57-58 2. Study Bhallavain Akhar for the test on Sunday. ਓਅਹਸਖਗਕਘਙਛਚਝਜ ਢਟਣਠਤਡਥ	Page 18-19 Lesson 14	MEMORIZE Page 46 Line 33
Week 19 Date: 02/02/25	Pages 58- 59-60, 61-62-63 ਦ-ਧ	1. Pages 59-60-61, 62- 63-64 2. Study Bhallavain Akhar for the test on Sunday. ਓਅਹਸਖਗਕਘਙਛਚਜਢ ਟਣਠਤਡਦਥ	Page 20-21 Lesson 14	MEMORIZE Page 47 Line 34-35
Week 20 Date: 02/09/25	1. Bhullavain Akhar test. 2. Pages 64-65-66 ਨ	1. Pages 65-66-67 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚਝਜਢਟਣਠਤਡਸਖ ਙਞ	Page 22 Lesson 15	MEMORIZE Page 47 Line 36-37

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	HOMEWORK Gurmat Sikhia Book 1G
Week 21 Date: 02/23/25	2 nd Midterm 1. Bhullavain Akhar test 2. Pages 67-68-69 ਪ	1. Pages 68-69-70 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚੜਜਢਟਣਠਤਡਸਖਧ ਨ, ਥਦਹ ਅਏਗਘਓ	No time	MEMORIZE Page 47 Line 38-39
Week 22 Date: 03/02/25	1. Bhullavain Akhar test 2. Pages 70-71-72 ਫ	1. Pg 71-72-73 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚੜਜਢਟਣਠਤਡਸਖਪ ਫਧਨ, ਥਦਹਅਏਗਘ 3. Study Spelling words ਕਪ, ਪਟ, ਘਟ, ਝਟਪਟ	Page 23-24 Lesson 16	MEMORIZE Page 47 Line 40-41
Week 23 Date: 03/09/25	1. Bhulaavain Akhar test 2. Spelling test 3. Pages 73-74-75 ਬ	1. Pages 74-75-76 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚੜਜਢਟਣਠਤਡਸਖਪ ਫਧਨ, ਥਦਹਅਏਗਘ 3. Study Spelling words ਬਤਖ, ਪਬ, ਬਸ	Page 25 Lesson 17	MEMORIZE Page 47 Line 42-43-44
Week 24 Date: 03/16/25	1. Bhulaavain Akhar test 2. Spelling test 3. Pages 76-77- 78 ਭ	1. Pages 77-78-79 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚੜਜਢਟਣਠਤਡਸਖਧਨ ਥਦਹਅਏਗਘਪਫਬ	Page 26-27 Lesson 18	Do Panj Paudiaan Paath

Note: Homework:

1. Use PSL Book 1HW: Do one page everyday.
2. Write your name in Punjabi one time on Page 1.
3. Study Bhulaavain Akhar and Spelling words for a test next Sunday.
4. Do Japji Sahib Paath of all the lines you have learned everyday.

Week/ Date	CLASSWORK Book 1A	HOMEWORK Book 1 HW	CLASSWORK Gurmat Book 1G	Do Japji Sahib Paath
Week 25 Date: 03/23/25	Do Bhulaavain Akhar test Spelling test Do Pages 79-80-81 ਮ	1. Do Pages 80-81-82 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚਝਜਢਟਣਠਤਡਸਖਧ ਨ, ਥਦ ਹਅਏਗਘਉਪਫਬਭਮ	Page 28-29-30; Guru Nanak Sahi	Do Panj Paudiaan Paath
Week 26 Date: 03/30/25	Pages 82, 83, 84, 85, 86 ਯ, ਰ	Do Pages 83, 84, 85, 86, 87, 88	Vaisakhi Activities	Do Panj PaudiPaath
Week 27 Date: 04/06/25	Pages 87-88-89 ਲ	1. Do Pages 89-90-91 2. Study Bhallavain Akhar for the test on Sunday. ਛਕਚਝਜਢਟਣਠਤਡਸਖਧ ਨ, ਥਦ ਹਗਘਪਫਬਭਮਯਰ ਲ	Page 31-32 2 nd Guru Sahib	Do Panj Paudiaan Paath
Week 28 Date: 04/27/25	Pages 90-91-92 ਵ-ੜ	1. Do Pages 92-93-94 2. Study Bhallavain Akhar for the test on Sunday. ਛਚਜਢਟਣਠਤਡਸਖਧਨ, ਥ ਦਗਘਪ ਫਬਭਮਵ	Page 33-34 3 rd Guru Sahib	5 Paudi Paath Test
Week 29 Date: 05/04/25	Bhulaavain Akhar test	Study for Final Penty Review	Page 35-36 4 th Guru Sahib	5 Paudi Paath Test
Week 30 Date: 05/11/25	Penty Review	Study for Final	Page 37-38 5 th Guru Sahib	5 Paudi Paath Test

Week 31 05/18/25	Final Test		
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Role of Parents

Accountability - Coming to class with books, folder, completed homework and backpack. (Student will be dismissed from class if he or she arrives without a backpack and books).

Availability - Being around during the class time to support the child's learning process and 15-20 minutes at home for homework.

Creating learning environment - creating physical environment, establishing a simple, but disciplined routine

Attendance - establish Sunday routine; maintain regular attendance

Sikhi Time - Daily 5 min. connection (Review what is taught in class/ share Sikh values/ Sikh history/ Sikh way of Life/ pray together)

Help with HW; maintain Akhar packet sequence to stay organized.

Regular submission of completed work in the yellow school folder or directly to the assigned group teacher.

Use your Binder; fix a place to store all material

Parent Communication - be kind in group; accommodate changes and be encouraging in group; if child needs, be open to working with teacher directly too

Year-End Expectations & Outcomes

By the end of school year, Level 1 students demonstrate knowledge in following areas –

☐ **Gurmukhi -**

- ☐ Independently present Akhar (letter) (Show and Tell):
- ☐ Bring an item(s) of their choice
- ☐ Share the **Punjabi Letter** their item begins with
- ☐ Share Punjabi **color** of item
- ☐ Share 1-2 interesting facts about an item in Punjabi (simple 4-6 word sentences)
- ☐ Trace letters independently (or even start writing)
- ☐ Names of 10 colors, 10 animals and 10 birds in punjabi

☐ **Gurmat -**

- ☐ Recite Mool Mantar (or more) without help
- ☐ Know Guru names and their contribution
- ☐ Know names of Panj Pyare
- ☐ Know names of Chaar Sahibzaade
- ☐ Share 3 interesting facts about Sikhi
- ☐ Counting from 1-10 in Punjabi (or more)
- ☐ Demonstrate overall readiness to participate and engage in class for next level of learning

Level 1 Resources

Penty Packet (letter booklets) -

- Each booklet covers –
 - Visual introduction to letter along with step by step instructions for tracing
 - Letter tracing practice
 - Pictures to letter connection
 - Homework practice packet
- **Counting** – Online version will be provided
- **Mool Mantar** Recitation – live recitation of Mool Mantar
- **Games** for review (pdf) – provided upon completion of every 4-5 letters
- **Guru Names & Gurdwara Etiquette** – covered in class
- **Online Attendance** – marked on google sheets; link shared with teachers

Class Routine

- **Meet and Greet:**
- **Mool Mantar:** *(learn to lead, once memorized)*
- **Letter of the Day :**
 - Letter shape (sequence of steps to trace)
 - Letter Sound
 - Related Pictures from work packet and books
 - Guiding kids into thinking what other things begin with same letter
- **Counting** in Punjabi
- **Colors:** (Red, Yellow, Green, Blue, White, Pink, Black, Brown);
- **Tracing / writing** letters in work packet:
- Instructions for **HW** and closure:
- Letter Review Day - Choose a Share and tell at the end of each row
- Craft for an Akhar or an event: 15-20 mins. (in-person only)

(Class routine could be tweaked based on students' need, interest, and cultural events)



Guru Maneyo Granth

Khalsa School Schedule

Punjabi Language Class on Sunday

10.30 -11:15 AMAssembly

11:15 - 11:30 AM.....Break

11:30 - 12.30 PM.....Punjabi Class

12.30 - 1.00 PMDarbar Haazri