

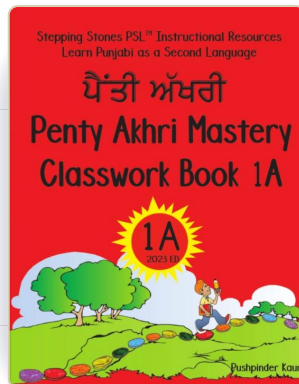


GURU MANEYO GRANTH KHALSA SCHOOL

Syllabus 2026–27

ਪੱਧਰ ੧ ਜਪ੍ਰਵ੍ਯਕ੍ਰਮ

Mastery of the alphabet — all 35 letters, read, traced and written.
Everything your child will learn this year, Sunday by Sunday.



Book 1A · Penty Akhri · Book 1HW · Book 1G · Foundations of Sikhi



Level 1 Syllabus ਘੱਧਰ ੧

2026–27 school year · Mastery of the alphabet

Level 1 is mastery of the alphabet. Over thirty Sunday lessons children learn all 35 Gurmukhi letters, read and write simple Mukta words, name ten colours, ten animals and ten birds in Punjabi, count to ten, say the Sikh greetings, and memorize the Mool Mantar with Panj Paudiaan of Japuji Sahib. Lessons follow the Level 1 Pacing Guide.

BOOKS

Stepping Stones **Book 1A** · Penty Akhri
Stepping Stones **Book 1HW** · homework book
Gurmat Sikhia **Book 1G** · Foundations of Sikhi

KEY DATES

Week 1 · Aug 16 — welcome Sunday
Week 2 · Aug 23 — Lesson 1, classes start
Final test May 16 · awards May 23

What students will learn

- ☐ The Gurmukhi alphabet — Bhulaavain Akhar, all 35 letters
- ☐ Ten colours, ten animals and ten birds in Punjabi
- ☐ Read at least 10 Mukta words per minute
- ☐ Write your own name in Punjabi
- ☐ Read and write simple Mukta words
- ☐ Count to ten in Punjabi
- ☐ Say Sat Sri Akal and the Fateh
- ☐ Memorize the Mool Mantar and Panj Paudiaan

How a Sunday runs

50–55 MIN

Punjabi / Gurmukhi

Speaking, spelling and fluency test, homework check 20 min · new lesson 15–20 min · practice 15 min

35–40 MIN

Gurmat / Gurbani

New Gurbani lines 5 min · peer or individual Paath 10 min · lesson and discussion 15–20 min

30 MIN

Assembly / Diwan

Naam Simran, Panj Paudiaan, the Sikh Gurus, Panj Piaray, Chaar Sahibzaaday and announcements. Attendance is required.

Tests and grading

The passing score for Level 1 is **95%**.

Reading fluency

Every week. One minute, read and record words per minute. Goal 10 WPM. The week's list is named in the homework sheet.

Spelling

From week 4 onward. Missed words are written ten times each for homework.

Midterms and final

Midterms on Nov 15 and Feb 21. Gurbani and holistic tests in the closing weeks. Final test May 16.

Homework — the 7 minute magic

Children spend five days a week at regular school and a couple of hours here on Sunday. A few minutes every day is what makes Punjabi stick. Any unfinished classwork is homework.

1 MINUTE

Reading fluency

Read the week's word list. Write the WPM in the log.

3 MINUTES

Copy words

Copy words from the current Book 1A lesson into a notebook.

3 MINUTES

Japuji Sahib

Memorize one new line. Say it ten times.

Parents: please read the week's Gurmat lesson with your child, help them practise the speaking topic before class, and sign the 7 Minute Magic log each month.

Week by week

Week 1 (August 16) is the welcome Sunday — meet and greet, books and backpacks, level placement. There is no lesson. Classes start on week 2.

WEEK	DATE	CLASSWORK · BOOK 1A	GURMAT · BOOK 1G	GURBANI	HOMEWORK
2	Aug 23	Pages 4–6 · letter ਊ	Introduction to Book 1G	Mool Mantar · page 41, say it five times	Book 1HW pages 2–4 · write your name in Punjabi on page 1
3	Aug 30	Pages 7–8 ਅ · pages 9–11 ਏ	Book 1G Lesson 1	Memorize Mool Mantar · page 42 · page 43 lines 1–2	Book 1HW pages 5–10 · one page a day
4	Sep 6	Bhulaavain Akhar test · pages 12–13 ਐ	Book 1G Lesson 2	Page 43 · memorize lines 3–4	Book 1HW pages 11–13 · study Bhulaavain Akhar
5	Sep 13	Bhulaavain Akhar test · pages 14–16 ਐ	Book 1G Lesson 3	Page 43 · memorize lines 5–6	Book 1HW pages 14–16 · study Bhulaavain Akhar

WEEK	DATE	CLASSWORK · BOOK 1A	GURMAT · BOOK 1G	GURBANI	HOMEWORK
6	Sep 20	Bhulaavain Akhar test · pages 17–18 ਕ	Book 1G Lesson 3	Page 44 · memorize lines 7–8	Book 1HW pages 17–19 · study Bhulaavain Akhar
7	Sep 27	Bhulaavain Akhar test · pages 19–21 ਖ	Book 1G Lesson 4	Page 44 · memorize lines 9–10	Book 1HW pages 20–22 · study Bhulaavain Akhar
8	Oct 4	Bhulaavain Akhar test · pages 22–24 ਗ	Bandhi Chhod Divas activities	Page 45 · memorize lines 11–12	Book 1HW pages 23–25
9	Oct 11	Bhulaavain Akhar test · pages 25–27 ਘ ਙ	Book 1G Lesson 5	Page 45 · memorize lines 13–14	Book 1HW pages 26–28 · spelling words ਅਖ, ਅਗ, ਹਸ, ਹਕ, ਹਗ
10	Oct 18	Spelling test · pages 28–30 ਚ	Book 1G Lesson 6	Page 45 · memorize lines 15–16	Book 1HW pages 29–31 · spelling words ਸਚ, ਕਚ, ਹਚ
11	Nov 8	Spelling test · pages 31–33 ਛ	Book 1G Lesson 7	Page 45 · memorize lines 17–18	Book 1HW pages 32–34 · spelling words ਕਛ, ਛਕ, ਹਕ, ਅਕ
12	Nov 15	First midterm · pages 34–36 ਜ	No Gurmat lesson this week	Page 45 · memorize lines 19–20	Book 1HW pages 35–37 · spelling words ਅਜ, ਛਕ, ਕਜ, ਜਸ, ਕਸ
13	Nov 22	Spelling test · pages 37–39 ਝ ਞ	Book 1G Lesson 8 · page 11	Page 45 · memorize lines 21–22	Book 1HW pages 38–39 · spelling words ਝਗ, ਜਗ, ਗਚਕ, ਗਜ
14	Dec 6	Spelling test · pages 40–42 ਟ	Book 1G Lesson 9 · page 12	Page 45 · memorize lines 23–24	Book 1HW pages 40–42 · study Bhulaavain Akhar
15	Dec 13	Bhulaavain Akhar test · pages 43–45 ਠ	Book 1G Lesson 10 · page 13	Page 45 · memorize lines 25–26	Book 1HW pages 43–45 · study Bhulaavain Akhar
16	Jan 3	Bhulaavain Akhar test · spelling test · pages 46–48 ਡ	Book 1G Lesson 11 · page 14	Page 46 · memorize lines 27–28	Book 1HW pages 46–48 · spelling words ਕਟ, ਸਟ, ਹਟ, ਜਟ, ਛਡ, ਹਡ
17	Jan 10	Bhulaavain Akhar test · pages 49–51 ਢ ਣ	Book 1G Lesson 12 · pages 15–16	Page 46 · memorize lines 29–30	Book 1HW pages 49–52 · spelling words ਕਣਕ, ਢਕਣ, ਛਣਕ

WEEK	DATE	CLASSWORK · BOOK 1A	GURMAT · BOOK 1G	GURBANI	HOMEWORK
18	Jan 17	Bhulaavain Akhar test · spelling test · pages 52–54 ਤ	Book 1G Lesson 13 · page 17	Page 46 · memorize lines 31–32	Book 1HW pages 53–55 · spelling words ਤਖਤ, ਫਤ, ਸਤ, ਅਠ, ਸਖਤ
19	Jan 24	Bhulaavain Akhar test · spelling test · pages 55–57 ਬ	Book 1G Lesson 14 · pages 18–19	Page 46 · memorize line 33	Book 1HW pages 56–58 · study Bhulaavain Akhar
20	Jan 31	Pages 58–63 ਦ ਧ	Book 1G Lesson 14 · pages 20–21	Page 47 · memorize lines 34–35	Book 1HW pages 59–64 · study Bhulaavain Akhar
21	Feb 14	Bhulaavain Akhar test · pages 64–66 ਨ	Book 1G Lesson 15 · page 22	Page 47 · memorize lines 36–37	Book 1HW pages 65–67 · study Bhulaavain Akhar
22	Feb 21	Second midterm · Bhulaavain Akhar test · pages 67–69 ਪ	No Gurmat lesson this week	Page 47 · memorize lines 38–39	Book 1HW pages 68–70 · study Bhulaavain Akhar
23	Feb 28	Bhulaavain Akhar test · pages 70–72 ਫ	Book 1G Lesson 16 · pages 23–24	Page 47 · memorize lines 40–41	Book 1HW pages 71–73 · spelling words ਕਪ, ਪਟ, ਘਟ, ਝਟਪਟ
24	Mar 7	Bhulaavain Akhar test · spelling test · pages 73–75 ਬ	Book 1G Lesson 17 · page 25	Page 47 · memorize lines 42–44	Book 1HW pages 74–76 · spelling words ਬਤਖ, ਪਬ, ਬਸ
25	Mar 14	Bhulaavain Akhar test · spelling test · pages 76–78 ਭ	Book 1G Lesson 18 · pages 26–27	Paath of Panj Paudiaan	Book 1HW pages 77–79 · study Bhulaavain Akhar
26	Mar 28	Bhulaavain Akhar test · spelling test · pages 79–81 ਮ	Book 1G pages 28–30 · Guru Nanak Sahib	Paath of Panj Paudiaan	Book 1HW pages 80–82 · study Bhulaavain Akhar
27	Apr 11	Pages 82–86 ਯ ਰ	Vaisakhi activities	Paath of Panj Paudiaan	Book 1HW pages 83–88
28	Apr 18	Pages 87–89 ਲ	Book 1G pages 31–32 · second Guru Sahib	Paath of Panj Paudiaan	Book 1HW pages 89–91 · study Bhulaavain Akhar
29	Apr 25	Pages 90–92 ਵ ਝ	Book 1G pages 33–34 · third Guru Sahib	Panj Paudiaan Paath test	Book 1HW pages 92–94 · study Bhulaavain Akhar
30	May 2	Bhulaavain Akhar test · Penti review	Book 1G pages 35–36 · fourth Guru Sahib	Panj Paudiaan Paath test	Study for the final test
31	May 9	Penti review · study guide	Book 1G pages 37–38 · fifth Guru Sahib	Panj Paudiaan Paath test	Study for the final test

Every Sunday at a glance

DATE	WHAT HAPPENS
Aug 9	Open House · 10:30 AM – 1:30 PM
Aug 16	Week 1 · meet and greet, books and backpacks, level placement
Aug 23	Week 2 · Lesson 1 · classes start
Aug 30	Week 3 · Lesson 2
Sep 6	Week 4 · Lesson 3 · letter tests start
Sep 13	Week 5 · Lesson 4
Sep 20	Week 6 · Lesson 5
Sep 27	Week 7 · Lesson 6
Oct 4	Week 8 · Lesson 7
Oct 11	Week 9 · Lesson 8 · spelling starts
Oct 18	Week 10 · Lesson 9
Oct 25	Make-up day
Nov 1	No class · Yuba City Nagar Kirtan
Nov 8	Week 11 · Lesson 10
Nov 15	Week 12 · Lesson 11 · first midterm
Nov 22	Week 13 · Lesson 12
Nov 29	No class · Thanksgiving
Dec 6	Week 14 · Lesson 13
Dec 13	Week 15 · Lesson 14
Dec 20	Make-up day
Dec 27	No class · Winter Break
Jan 3	Week 16 · Lesson 15
Jan 10	Week 17 · Lesson 16
Jan 17	Week 18 · Lesson 17
Jan 24	Week 19 · Lesson 18
Jan 31	Week 20 · Lesson 19
Feb 7	Make-up day
Feb 14	Week 21 · Lesson 20
Feb 21	Week 22 · Lesson 21 · second midterm
Feb 28	Week 23 · Lesson 22

DATE	WHAT HAPPENS
Mar 7	Week 24 · Lesson 23
Mar 14	Week 25 · Lesson 24
Mar 21	Make-up day · Bradshaw Nagar Kirtan if confirmed
Mar 28	Week 26 · Lesson 25
Apr 4	No class · Spring Break
Apr 11	Week 27 · Lesson 26
Apr 18	Week 28 · Lesson 27
Apr 25	Week 29 · Lesson 28 · paath test
May 2	Week 30 · Lesson 29
May 9	Week 31 · Lesson 30
May 16	Final test
May 23	Certificates and awards · last day

PARENT ACKNOWLEDGEMENT

I have read the Level 1 syllabus and I will help my child with reading fluency, spelling practice, Gurmat lessons and Japuji Sahib at home.

Parent signature

Phone

Date